



**MEDICA**

ADVANCED AESTHETIC SKINCARE

*Medically developed.  
Where science meets skin confidence*



# OUR STORY

## Advanced skincare backed by science

At Medica, we've traveled the world, working with top skincare brands and professionals to discover the most effective solutions for real skin concerns.

Medica Advanced Aesthetic Skincare was born from this journey—**curating our favourite products, ingredients, and innovations into a single, streamlined range**. Each formula is crafted with precision by expert product developers, **using clinically proven ingredients**—many of them plant-based and sourced from unique South African botanicals, patented and scientifically researched by a leading professor.

**Medica is more than skincare—it's skin science in action.** Whether your skin is sensitive, aging, or prone to flare-ups, Medica delivers what it promises: calm, clear, radiant skin backed by dermatological science and trusted by professionals.

**Proudly South African,**

**MEDICA IS WHAT YOUR SKIN NEEDS:**  
advanced, simplified, functional, and luxurious  
aesthetic skincare.





# OUR ACTIVE INGREDIENTS

Our skincare range is expertly formulated to work in harmony, with each active ingredient carefully chosen for its powerful anti-ageing properties.

## Tetrahexyldecyl Ascorbate

- Stable
- Oil-soluble Vitamin C
- Antioxidant
- Brightening

## Plectranthus Aliciae (Actify)

- Antibacterial
- Anti-inflammatory
- Reduces PIH
- Anti-biofilm

## Salicylic Acid

- Beta-hydroxy acid (BHA)
- Exfoliates inside pores
- Anti-acne

## Azelaic Acid

- Anti-inflammatory
- Anti-pigmentation
- Anti-acne

## Myrsine Africana (Wrinkless)

- Anti-aging,
- Elastase inhibitor
- Antioxidant

## Rosa Damascena Water

- Hydrating
- Antioxidant
- Soothing

## Alpha Arbutin

- Tyrosinase inhibitor
- Brightens and fades spots

## Niacinamide

- Brightens
- Reduces redness
- Reinforces skin barrier

## Hypochlorous Acid

- Anti-inflammatory
- Antibacterial
- Wound healing

## Ceramide-3

- Barrier repair
- Hydration
- Anti-ageing



MEDICA

ADVANCED SKINCARE

PIGMENT  
CORRECTOR

1.02 fl. oz. | 30 ml

MEDICA

ADVANCED SKINCARE

SKIN  
RESCUE

1.02 fl. oz. | 30 ml



# ULTIMATE COMPLETE CLEANSER

- > Deep pore cleansing and mild exfoliation
- > Reduces oiliness and refreshes skin
- > Calms inflammation and prevents breakouts

## MEDICALLY FORMULATED

A powerhouse formula designed to purify, balance, and refresh. Infused with menthol for an instant cooling effect, salicylic acid for gentle exfoliation, and kaolin to absorb excess oil—this cleanser deeply cleanses pores while calming inflammation and helping to prevent breakouts. Skin is left feeling smooth, clear, and comfortably refreshed.



## HOW TO USE

Gently cleanse face in the morning and night.

## KEY INGREDIENTS:

Menthol, Salicylic Acid (BHA), Kaolin, Glycerin

# PIGMENT CORRECTOR



- Brightens skin and evens tone
- Fades dark marks and melasma
- Calms inflammation associated with pigmentation



## MEDICALLY FORMULATED

Target stubborn pigmentation with this brightening powerhouse. Formulated with stabilized Vitamin C, Azelaic Acid, and Alpha Arbutin, it works to fade dark spots, even out skin tone, and calm inflammation—revealing a clearer, more radiant complexion.

## HOW TO USE

After cleansing apply a few drops of serum to face and neck. Wait a minute for serum to absorb. Use before moisturiser.



Can be used in morning and evening. Apply SPF if used in the morning.

## KEY INGREDIENTS:

5% Vitamin C (THD Ascorbate), Azelaic Acid, 2% Alpha Arbutin, Squalane

# HYDRA C E-FURELIC SERUM

(15%VIT. C)



- Potent antioxidant protection
- Promotes collagen synthesis
- Evens out skin tone and reduces sun damage



## MEDICALLY FORMULATED

This powerful antioxidant serum combines stabilized Vitamin C, Ferulic Acid, and Hyaluronic Acid to protect against environmental damage, boost collagen production, and visibly even skin tone—leaving skin firmer, brighter, and more resilient.



## HOW TO USE

After cleansing apply a few drops of serum to face and neck. Wait a minute for serum to absorb. Use before moisturiser.

## KEY INGREDIENTS:

THD Ascorbate, Ferulic Acid, Sodium Hyaluronate



# EYE CREAM



- Reduces puffiness and fine lines
- Hydrates and firms under-eye area
- Antioxidant and anti-inflammatory

## MEDICALLY FORMULATED

A rejuvenating blend of botanicals and peptides designed to revive tired eyes. Infused with Rosa Damascena, Caffeine, and Matrixyl 3000, this formula reduces puffiness, softens fine lines, and deeply hydrates for a brighter, firmer under-eye area.



## HOW TO USE

Gently tap onto the under-eye area morning and evening.

## KEY INGREDIENTS:

Rosa Damascena Water, Matrixyl 3000, Caffeine, Squalane, Shea Butter



# DERMALUXE MOISTURISER



- Deep hydration and skin nourishment
- Reduces wrinkle depth
- Strengthens the skin barrier

## MEDICALLY FORMULATED

Rich in botanicals and skin-repairing actives, this cream delivers deep hydration while strengthening the skin barrier. With Myrsine Africana, Rosa Damascena, Ceramide-3, and Argan Oil, it helps reduce the appearance of wrinkles and leaves skin soft, smooth, and resilient.

## HOW TO USE

After cleansing apply a few drops of serum to face and neck. Wait a minute for serum to absorb. Use before moisturiser.



## KEY INGREDIENTS:

Myrsine africana, Rosa Damascena, Ceramide-3, Argan Oil

## A timeless secret: **MYRSINE AFRICANA EXTRACT**

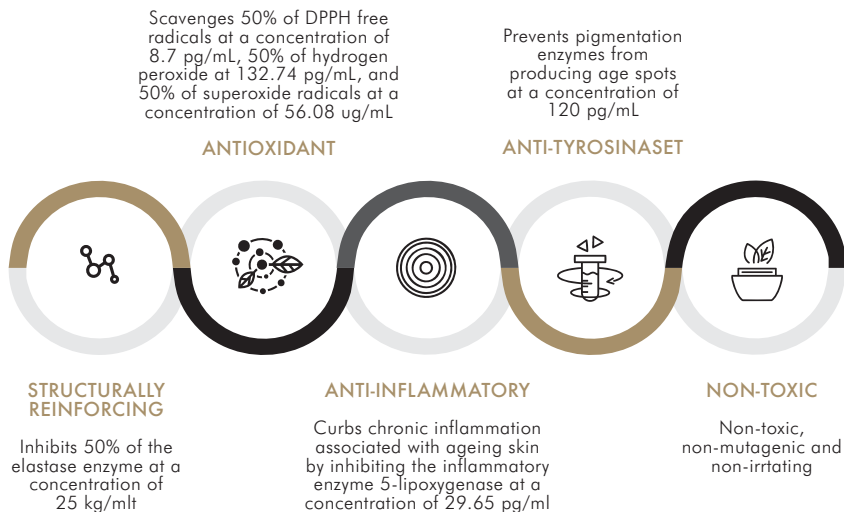


Unveiling a timeless secret, WrinkLess, a potent extract of the African Boxwood (*Myrsine africana*) offers a natural weapon against wrinkles.

Traditionally used for centuries to address skin concerns and scientifically validated for its anti-ageing properties, WrinkLess is the age-old secret that will allow your formulation to embrace the heritage of Africa with a modern approach to youthful, radiant skin.

### **WRINKLESS - The natural way to turn back time**

#### *Combating the Signs of Time:* **A HOLISTIC APPROACH TO ANTI-AGING SKINCARE**



# RETINOL RENEW



- Targets fine lines and acne
- Improves skin texture and tone
- Non-irritating alternative to retinol

## MEDICALLY FORMULATED

A gentle yet powerful formula designed to refine and renew.

Featuring Hydroxypinacolone Retinoate, Bakuchiol, and Niacinamide, this non-irritating retinoid alternative targets fine lines, breakouts, and uneven texture—revealing smoother, clearer, and more balanced skin.

## HOW TO USE

Apply a thin layer at night after cleansing. Follow with moisturiser. Do not use with other retinol treatments.



Avoid unprotected sun exposure.

## KEY INGREDIENTS:

Hydroxypinacolone Retinoate, Niacinamide, Bakuchiol, Vitamin E

# ROSACEA RELIEF SERUM



- > Reduces facial redness and sensitivity
- > Soothes inflammation
- > Supports the skin barrier

## MEDICALLY FORMULATED

Calm and comfort sensitive skin with this soothing serum.

Infused with antioxidant-rich Rooibos, stabilized Vitamin C, and barrier-boosting Ceramide-3, it helps reduce redness, ease inflammation, and strengthen the skin's natural defenses.

## HOW TO USE

Apply your Rosacea Relief serum to cleansed skin, followed by a rosacea friendly moisturiser and sun protection (AM).



Use morning and night.

## KEY INGREDIENTS:

Rooibos (Aspalathus linearis), THD Ascorbate, Ceramide-3

# BLEMIX

(ANTI-ACNE GEL)



- Antibacterial and anti-inflammatory
- Reduces acne, oiliness, and PIH
- Disrupts bacterial biofilms to prevent resistance

## MEDICALLY FORMULATED

A targeted treatment gel that tackles breakouts at the source.

Powered by Actify™, Niacinamide, and Tea Tree Oil, Blemix fights acne-causing bacteria, reduces inflammation and oiliness, and helps fade post-inflammatory marks—without promoting resistance.



## HOW TO USE

After cleansing, apply a thin layer to problem areas. Use twice a day for optimal results.

## KEY INGREDIENTS:

Plectranthus aliciae (Actify), Niacinamide, Tea Tree Oil

*Unveiling nature's  
anti-acne weapon:*

## **PLECTRANTHUS ALICIAE EXTRACT**



Traditionally used for centuries to address skin concerns, Plectranthus aliciae has finally revealed its scientific secret to modern audiences. This natural ingredient boasts powerful anti-acne properties effective in combating blemishes.

Embrace the wisdom of tradition with a natural solution for clearer, healthier skin.

### **ACTIVY - The natural acne solution**

#### ***A Common Struggle:***

#### **UNDERSTANDING ACNE**

Acne is a widespread skin condition, affecting a staggering 85% of the population globally. It manifests as painful bumps (papules and nodules), blackheads, whiteheads, and even cysts. This can leave skin irritated, sensitive, and red, causing significant distress.

#### ***Beyond Skin Deep:***

#### **THE IMPACT OF ACNE**

The World Health Organization recognizes acne's impact, classifying it as a severe condition that can be disfiguring and lead to social challenges.

## Actify:

# A NATURAL, SCIENCE-BACKED SOLUTION FOR CLEARER SKIN

Actify combats acne, unsightly pigmentation, and scarring through a range of powerful, scientifically proven mechanisms. Unlike traditional treatments, Actify disrupts the communication network of bacteria, preventing antibiotic resistance and persistent acne infections. This innovative ingredient harnesses the power of a unique blend of phytochemicals that work synergistically. In addition to targeting acne-causing germs, Actify reduces pain and inflammation associated with acne lesions, while also minimizing the appearance of pigmentation and scarring. The result? A holistic approach to achieving healthy, clear skin.

Nourishes and boosts skin vitality by replenishing antioxidant activity  
Scavenges 50% of DPPH free radicals at a concentration of 4.8 ug/ml and 50% of nitria oxide radicals at 177.9 ug/ml

### ANTIOXIDANT



Reduces scarring to leave skin blemish free by inhibiting the action of MMP-9 and reduces post-inflammatory hyperpigmentation through inhibiting tyrosinase

### SCARRING & PIGMENTATION

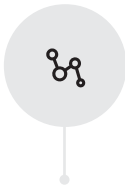


Non-toxic to normal skin keratinocytes and mouse melanocytes.  
Non-mutagenic  
Non-irritating

### SAFE



### ANTIBACTERIAL



Kills acne-causing germs at a concentration of 7.8 pg/ml and prevents bacterial resistance by targeting the bacteria's biofilm through auto-inducer 2 and the bacterial biofilm

### ANTI-INFLAMMATORY



Targets inflammation associated with acne to reduce painful lesions by inhibiting the action of cyclooxygenase 2 and lipase

### SEBUM PRODUCTION



Reduces the production of excessive oil to prevent blocked pores from forming

# SKIN RESCUE SERUM



- Clears breakouts and soothes skin
- Controls sebum
- Promotes healing of blemishes

## MEDICALLY FORMULATED

A clarifying serum designed to calm and restore troubled skin. With Niacinamide, Salicylic Acid, and Tea Tree Oil, it targets breakouts, controls excess oil, and speeds up blemish recovery—leaving skin clearer, balanced, and soothed.



## HOW TO USE

Apply over clear, dry skin of the face and neck in the mornings and evenings. Ideal to use post treatment as recovery product.

## KEY INGREDIENTS:

Niacinamide, Sodium Hyaluronate, Salicylic Acid, Tea Tree Oil, Allantoin



# HYBRID EXOREGEN SERUM



- Look 2.2 years younger in 14 days
- Skin 300% smoother
- 25% less pigmentation in 56 days
- Visible regeneration in only 8 hours

## MEDICALLY FORMULATED

ALGAKTIV® Exometics™ G – the world's first vegan biomimetic exosome, proven to deliver younger, smoother, regenerated skin in just days.

This breakthrough innovation delivers +10 billion regenerative vesicles per ml, with particle size precision at 150nm for maximum potency and consistent results.



## HOW TO USE

After cleansing, apply a thin layer to problem areas. Use twice a day for optimal results.

## KEY INGREDIENTS:

Aqua, Glycerin, Water (and) Propanediol (and) Chlamydomonas Reinhardtii Extract (and) Polyglyceryl-4 Caprate, Polyacrylate crosspolymer-6, Collagen, Phenoxyethanol, Sodium Gluconate.

# COMFORT CLEANSE



- Gentle yet effective makeup & impurity remover
- Leaves skin soft, hydrated & refreshed
- Ideal for dry, sensitive skin – won't strip natural oils

## MEDICALLY FORMULATED

A gentle yet powerful cleanser that effortlessly removes makeup and impurities without stripping away your skin's natural oils. Perfect for dry and sensitive skin, it leaves your complexion feeling soft, hydrated, and balanced. Enriched with a blend of nourishing oils like Marjoram, Lavender, and Tea Tree, this formula cleanses while calming and protecting the skin, making every wash a moment of comfort.

## HOW TO USE

Scoop a small amount and warm between fingertips. Massage onto dry skin in circular motions (including over makeup & SPF). Add a little warm water to emulsify the balm into a soft milk. Rinse thoroughly and follow with your serum and moisturiser.



## KEY INGREDIENTS:

Caprylic/Capric Triglycerides, Stearic Acid, Cetearyl Alcohol (and) Polysorbate-60, Cetyl Alcohol, Origanum Majorana Leaf Oil, Lavandula Angustifolia Oil, Melaleuca Alternifolia Leaf Oil.

# ULTRA SHIELD



- Intensely hydrates & restores chronically dry, sensitive skin
- Protects the skin barrier
- Calms irritation and reduces discomfort from extreme dryness

## MEDICALLY FORMULATED

Your ultimate rescue for chronically dry, sensitive skin. This rich, protective formula deeply hydrates, restores, and strengthens the skin barrier, while calming irritation and easing discomfort caused by extreme dryness. Powered by Aloe Ferox infused in grapeseed oil, sweet almond oil, and soothing botanicals like lavender and tea tree, Ultra Shield wraps your skin in lasting comfort and protection.



## HOW TO USE

Apply over serum of choice or on a dry cleansed skin as needed. Can be used as a daily nourishing moisturiser or as an overnight intensive treatment. Warm a small amount between fingertips before applying for easier absorption.

## KEY INGREDIENTS:

Aloe Ferox (infused in grapeseed oil), Prunus Amygdalus Dulcis Oil, Cera Alba, Tocopherol, Origanum Majorana Leaf Oil, Lavandula Angustifolia Oil, Melaleuca Alternifolia Leaf Oil.



# ULTRAPURE HOCL MIST

- > Antibacterial and antifungal
- > Calms inflammation
- > Promotes healing for compromised skin

## MEDICALLY FORMULATED

A gentle yet powerful skin mist formulated with pure Hypochlorous Acid to calm, protect, and restore compromised skin. Its natural antibacterial and antifungal properties help reduce inflammation and promote faster healing for sensitive or irritated skin.



## HOW TO USE

**After treatment care:** Spray on the skin after completing medical aesthetic treatments and allow it to dry.

**Skincare:** Spray on cleansed skin before applying skincare products.

**Wound care:** Spray on the wound and allow it to dry before applying wound care products.

## KEY INGREDIENTS:

Hypochlorous Acid

# MULTI-COLLAGEN CAPSULES

30 Capsules



- Collagen I, II, III, V, X (eggshell membrane and native collagen)
- Boswellia serrata extract (30% AKKBA)
- Curcumin longa extract (curcumin 95%)
- Vitamin D
- Vitamin K
- Eggshell membrane typically contains the following ingredients in low quantities (Elastin, chondroitin, glucosamine, dermatan, keratin sulphate)
- Sugar and shellfish free

## MEDICALLY FORMULATED

This diverse combination enhances the benefits of collagen supplementation by targeting different tissues in the body. The synergistic effect along with the other ingredients can support overall skin health, joint function, bone density and muscle strength, providing a more comprehensive solution.



## HOW TO USE

Take one (1) capsule daily with meals with a glass of water.

## KEY INGREDIENTS:

Eggshell membrane extract (gallus gallus) 500 mg, Native collagen (undenatured) 40 mg, Boswellia serrata extract (30% AKKBA) 50 mg, Curcuma longa extract (curcumin 95%) 100 mg, Vitamin K (menaquinone) 45 ug, Vitamin D 1000 IU



The logo consists of a stylized 'M' made of three black geometric shapes. Below it, the word 'MEDICA' is written in a large, bold, black, sans-serif font.

# MEDICA

ADVANCED AESTHETIC SKINCARE





MARILIZE & CARLA  
AESTHETICS





Each Medica product reflects the synergy between cutting-edge dermatological science and the wisdom of botanicals for healthy, beautiful skin.



**MEDICA**

ADVANCED AESTHETIC SKINCARE

*Get your Medica products online:*  
[www.mcaesthetics.co.za](http://www.mcaesthetics.co.za)

